

# Pediculosis Management

## Highland Park ISD School Health Services

### Procedural Guidelines for Pediculosis (head lice) management:

#### **Referral/Screening/Identification:**

- Student head checks will be done on a referral basis at school.
- Screening of class after the report of a second case may be warranted by the school nurse.
- Classroom or grade level checks may be done anytime at the discretion of the school nurse.
- The nurse and teacher will work out a screening time that will be the least disruptive to the clinic and classroom activities.

#### **Notification and Confidentiality:**

- Confidentiality will be respected. The nurse will use her discretion in deciding whether to wait or notify the student at the time of screening in an effort to be sensitive to child's feelings and to spare possible embarrassment.
- The student's parent will be notified if head lice are identified or if the nurse has any questions or observations.
- General information, including appropriate treatment options and prevention strategies, will be sent home to all students in the classroom when the school nurse is made aware of a case.

#### **Education:**

- Lice information materials are available in the office of the school nurse.
- The school nurse may also be available to give verbal and written instructions to the parent on appropriate treatment and prevention strategies.

#### **When to exclude from school:**

- When live lice are identified.
- When the number of nits indicates a need for or lack of adequate treatment.
- A student may return when recommended pediculosis treatment is completed.

**Resources:** <http://www.mayoclinic.com/health/head-lice/DS00953>  
<http://www.cdc.gov/parasites/lice/head/treatment.html>